

TSDA-TSRA Collaboration

Series of webinars and
podcasts focusing on
wellbeing for
cardiothoracic surgeons

- Anna Olds, MD
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1. Complications and bad outcomes

A. Knowledge gap: Most trainees do not have training in the medicolegal environment or how to deal with complications from a logistical and mental health standpoint

B. Target audience: trainees and early career attendings

C. Objectives:

- i. Discuss malpractice insurance – coverage during training and beyond
- ii. How to cope with complications mentally, and what are the available resources to help?
- iii. Impact on professional reputation

D. Speakers:

- i. Ian Bostok, MD;
- ii. Mara Antonoff, MD;
- iii. Jessica Donington
- iv. Medical malpractice lawyer (or surgeon with expert witness experience)

May 22, 2023 7:00 pm EST

2. Family life in training and early attending

A. Knowledge Gap: logistics of having children during training and early career – how to make it work?

B. Target Audience: trainees and early career attendings

C. Objectives:

- i. Discuss policies for leave, doctors appts – what are program responsibilities?
- ii. Assisted reproduction as a trainee/attending – logistics, finances
- iii. How to support each other in training and career for family development

D. Speakers:

- i. 3 trainees, 3 attendings, 4 women/2 men
- ii. At least 2-3 with spouses also in medicine

3. Personal Finance

A. Knowledge Gap: Managing personal and family wealth

B. Target Audience: trainees and early career attendings

C. Objectives:

- i. Tips for investing for the future
- ii. How to budget in residency and as an early attending
- iii. Options for student loans and disability insurance

D. Speakers:

- i. early attending
- ii. 1-2 mid career
- iii. 1 older attending
- iv. financial adviser