Series of webinars and podcasts focusing on wellbeing for cardiothoracic surgeons

- Anna Olds, MD
- Cherie P. Erkmen, MD
A. Knowledge gap: Most trainees do not have training in the medicolegal environment or how to deal with complications from a logistical and mental health standpoint

B. Target audience: trainees and early career attendings

C. Objectives:
   i. Discuss malpractice insurance – coverage during training and beyond
   ii. How to cope with complications mentally, and what are the available resources to help?
   iii. Impact on professional reputation

D. Speakers:
   i. Ian Bostok, MD;
   ii. Mara Antonoff, MD;
   iii. Jessica Donington
   iv. Medical malpractice lawyer (or surgeon with expert witness experience)

May 22, 2023    7:00 pm EST
2. Family life in training and early attending

A. Knowledge Gap: logistics of having children during training and early career – how to make it work?

B. Target Audience: trainees and early career attendings

C. Objectives:
   i. Discuss policies for leave, doctors appts – what are program responsibilities?
   ii. Assisted reproduction as a trainee/attending – logistics, finances
   iii. How to support each other in training and career for family development

D. Speakers:
   i. 3 trainees, 3 attendings, 4 women/2 men
   ii. At least 2-3 with spouses also in medicine
3. Personal Finance

A. Knowledge Gap: Managing personal and family wealth

B. Target Audience: trainees and early career attendings

C. Objectives:
   i. Tips for investing for the future
   ii. How to budget in residency and as an early attending
   iii. Options for student loans and disability insurance

D. Speakers:
   i. Early attending
   ii. 1-2 mid career
   iii. 1 older attending
   iv. Financial adviser